

Volume 11 [2006] *Happy Holidays & Best Wishes for a Happy New Year* December 2006

2005 Holiday Party Notice

Date: Saturday, December 3rd **Time:** 1800

Place: Home of Steve & Brenda Babirak, 5 Stonebrooke Road, Scarborough, Phone 885-1516 ~ Email bbabirak@hotmail.com

Plan now to come and mark your calendars—it will be a great time to fellowship, meet new members, eat lots of good food, and kick off the Holiday Season!

The party will be **Pot Luck** so please consider what you would like to bring to share. Call **Brenda Babirak at 885-1516 to confirm what you are bringing, or get a suggestion as to an appropriate dish to bring.** Appetizers, main dishes, and desserts are all welcome. Suggested main dish size should serve 6 to 8 people. Don't forget to bring an appropriate serving dish, plate, bowl, and serving utensils. Please provide a small card labeling the dish and what's in it.

The Flotilla will provide paper goods, soda, punch, and coffee.

Directions to the Babirak Home

From the North: Exit 2 off 295. Head south on Route 1 and cross the marsh in Scarborough. At the second light after the marsh (Dunstan Corner), take a right onto Broadturn Rd. Go 1.7 Mi. & take a right onto Stonebrooke Rd. #5 is the second house on the right, a white colonial.

From the South: Exit 36 (Saco) off the Maine Turnpike. Head north on Route 1. At Dunstan Corner, take a left onto Broadturn Rd. Go for 1.7 miles & take a right onto Stonebrooke Rd. #5 is the second house on the right, a white colonial.

From the West: Turn onto Broadturn Road off of Route 22 at South Buxton Corner. Follow Broadturn Road through the Holmes Road intersection (red blinking light). Go 1 mile past the intersection and turn left onto Stonebrooke Road. #5 is the second house on the right, a white colonial.

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- The Operations program will be starting up again on **3 Jan.** We will be conducting Crew Training for 2006.
- The D1NR District Conference is being held in Newport, R.I. **6-8 Jan.**

From our Flotilla Commander Elect...

I wanted to thank all of you, and let you know how much I appreciate your overwhelming support at our last flotilla meeting. When I took a few moments to reflect back on this flotilla's history, I am amazed and humbled by the incredible accomplishments of F21. This Flotilla sets the standards that others emulate. We lead by example. We adapt to the needs of the Coast Guard and the boating public.

The reason for our success is very simple, It is because of you, the selfless volunteer, putting in the time and effort it takes to make a difference. As we move forward through the inevitable sea of change, I am optimistic and excited about our future. We have abundant opportunities ahead of us, to make that difference. Stay involved your efforts matter. I am honored and proud to serve as your Flotilla Commander.

Thank You. David Bilodeau, FC Elect 



Congratulations! to our 2006 Officers:
FC Elect David G. Bilodeau; VFC Elect Kevin J. Cady

Staff Officer Reports

Aids to Navigation [V. Thompson]—

With the help of the PATON folks we made 100% of the PATON checks that the gold side asked of us, plus the added bridge inspections. Many thanks to all of you. You are the ones that made this happen. This has been a great year & a pleasure working with you. I have had a talk with J Grisham our interface with the gold side. He is going to attempt to eliminate many of same PATONS we have been asked to verify year after year--some as many as 7-8 years.

Marine Safety [K. Cady]—This month 12 Flotilla members participated in joint USCG-AUX shore-side HARPAT missions. The hourly mission total for 2005 follows:

2005 Division 2 Marine Safety Hourly Missions: 2,518.0; MS Training: 585.0

(On-going TRIDENT related training); Shore side Harbor Patrols: 641.0; Disaster Response Support (planning): 63.0; MS Administrative Support: 191.0; Assist in Port Safety: 472.0; Other General Response: 2.0; Port State Control Facility Inspection: 35.0; Safety & Security Patrols: 502.0; T-Boat Inspections: 22.0; Misc.: 5.0;
Flotilla 21: 745 hours
Flotilla 24: 669 hours
Flotilla 25: 114 hours
Flotilla 26: 670 hours
Flotilla 27: 320 hours
Flotilla 21 breakdown:
 Admin support: 66 hours;
 Harpat: 203 hours;
 Port State verification facility visits: 12 hours; Assist in port safety: 141 hours; Training: 290 hours; Disaster contingency response planning: 4 hours.

Personnel Services [K. Caprio]—

Six new members have taken and passed their tests and have hit the ground running. All are very enthusiastic and are looking forward to getting involved with classes, etc. ATTAHOYS to Brad T., Frank L., David B., Kevin C., Keith F., & the genius of geniuses, Everett H. for his excellent website that puts F21's best foot forward!

Secretary [J. Childs]—Orient & assist Sarah in taking over the FSO-SR staff officer position.

Vessel Examination [N. Magoon]—Prompt ordering of VSC decals and materials. Prompt confirmation of dates and instructors for VSC class and workshop. Recruit new members for vessel examiners. Prompt ordering of Op-Fac forms and materials.



FSO-MT—New Boat Crew classes starting January 3rd

The Operations Program is fundamental to the Auxiliary's support to the U.S. Coast Guard. Auxiliarists who become qualified as either coxswain or crew serve on boats owned by Auxiliary members. These specially equipped boats perform safety patrols under U.S. Coast Guard orders to support "search and rescue" (SAR), regatta patrols, pollution investigation and cleanup, aids to navigation (ATON) discrepancy reporting, and other missions as directed by the U.S. Coast Guard.

Crew & Coxswain Training is an important part of operations.

1. Crew Training Classes will start January 3, 2006, and run into May.
2. Underway training will start in May and continue to October.
3. Location: Rusty Scupper @ the South Portland Coast Guard Base.
4. Class time 1830 to 2030 (sometimes to 2100)
5. Uniform: ODU
6. All Operations Persons are encouraged to participate:
 - If already qualified it's a good review, plus you can help in mentoring trainees.

This is an area we could always use assistance with!

- For "continuing" Trainees from prior years, it's a good review.

*NOTE – If you are withdrawing from the program, please let Robyn know.

We could really use the manuals.

- For New Trainees it's a MUST.

Please call Robyn Fink @ 883-5010 or e-mail her at finkro@spsd.org or ifink1@maine.rr.com to "sign up". She needs a "count" by December 3rd to order class material. Please do not wait, respond today!!

Crew Training Committee: David Drake, Jim Maxner, Robyn Fink, Al Bingham.



STAYING SAFE IN COLD WEATHER—Health and Safety Tip

Exposure to cold can cause injury or serious illness such as **frostbite** or **hypothermia**. The likelihood of injury or illness depends on factors such as physical activity, clothing, wind, humidity, working and living conditions, and a person's age and state of health. Follow these tips to stay safe in cold weather:

Dress appropriately before going outdoors. The air temperature does not have to be below freezing for someone to experience cold emergencies such as hypothermia & frostbite. Wind speed can create dangerously cold conditions even when the temperature is not that low.

Dress in layers so you can adjust to changing conditions. Avoid overdressing or overexertion that can lead to heat illness. Most of your body heat is lost through your head so wear a hat, preferably one that covers your ears. Mittens provide more warmth to your hands than gloves. Wear waterproof, insulated boots to help avoid hypothermia or frostbite by keeping your feet warm/dry and to maintain your footing in ice/snow. Get out of wet clothes immediately and warm the core body temperature with a blanket or warm fluids like hot cider or soup. Avoid drinking caffeine or alcohol if you expect you or someone you are trying to help has hypothermia or frostbite.

Recognize the symptoms of hypothermia that can be a serious medical condition: confusion, dizziness, exhaustion and severe shivering. Seek medical attention immediately if you have these symptoms.

Recognize frostbite warning signs: gray, white or yellow skin discoloration, numbness, waxy feeling skin. Seek medical attention immediately. Holiday traveling and winter can be a dangerous combination. Allow extra time when traveling.

Monitor weather conditions carefully and adhere to travel advisories.

Keep a winter storm survival kit in your car. This should include blankets, food, flares, chains, gloves and first aid supplies.

Visit the [National Oceanic and Atmospheric Administration Web \[http://www.noaa.gov/\]](http://www.noaa.gov/) for a more extensive list.

December 2005

Deadline 15 Dec to submit 2005 Missions/Activities to AUXDATA

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|--|---|--|---|---|
| <p>➡ Sign up for boating classes during the winter — be ready for boating season come spring!</p> | | | | 1 | 2 1800 District Board & Staff Mtg, Assabet Valley H.S. | 3 1800 <i>Holiday Party, Babirak Residence</i> |
| 4 | 5 | 6 1900 ACN AUXNAV Hildreth Hall, SMCC | 7 1830 BS&S Hildreth Hall SMCC | 8 | 9 | 10 |
| 11 | 12 1900 Flotilla Staff 6-Mon Planning Session Classrm Sta S. Portland | 13 1900 ACN AUXNAV Hildreth Hall, SMCC | 14 1830 BS&S Hildreth Hall SMCC Make-up Test | 15 Division Board and Staff Meeting | 16 | 17 |
| 18 | 19 1900 Hands-on Marlinspike training Classrm Sta S. Portland <i>Contact David Drake</i> | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |

Want to check out a new, most interesting website over the winter months?

Check out on the Web: <http://earth.google.com/>

Google Earth puts a planet's worth of imagery and other geographic information right on your desktop. View exotic locales like Maui and Paris as well as points of interest such as terrain, latitude/longitude grids, geography.



January 2006

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|--|---|---|-----|--|--------------------------------|
| 1 | 2 | 3 1900 Boat Crew/ COX Training, Rusty Scupper | 4 | 5 | 6 D1NR District is being held in Rhode Island | 7 Conference in Newport, |
| 8 D1NR District Conf, Newport, RI | 9 1900 AUXWEA Classrm Sta S. Portland 8-wk course | 10 1900 Boat Crew/ COX Training, Rusty Scupper | 11 | 12 | 13 1800 Division C-O-W, Marriott S. Portland | 14 |
| 15 | 16 | 17 1900 Boat Crew/ COX Training, Rusty Scupper 1900 ACN, SMCC, Hildreth Hall | 18 1900 BS&S, SMCC, Hildreth Hall | 19 | 20 | 21 |
| 22 | 23 | 24 1900 Boat Crew/ COX Training, Rusty Scupper 1900 ACN, SMCC, Hildreth Hall | 25 1900 BS&S, SMCC, Hildreth Hall | 26 | 27 | 28 |
| 29 | 30 1900 Staff Mtg, Classrm Sta S. Portland | 31 | | | Next Instructors course has been postponed until February 2006 | |

Sailor's Prayer Book was a block of sandstone, smaller than a Holystone or Bible, used by sailors to scrub in among the crevices and hard-to-reach places aboard sailing ships of the day.

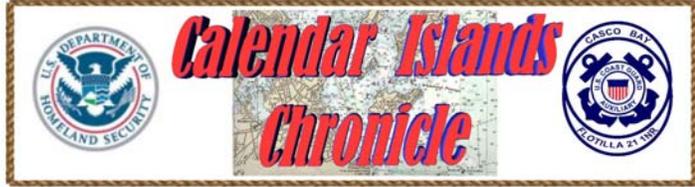
Correctly answered by Phil Quinn, Jim Maxner, and Judy Davidson.

Check out [Waypoints](http://uscgboating.org/waypoints/waypoints-home.htm) at <http://uscgboating.org/waypoints/waypoints-home.htm>

Remember, any time there is a change to your Name, Address, Phone Numbers, Fax Number, Cell Phone Number, Emergency Contact Information, or Email Address you need to fill out and submit ANSC form 7028 and send it to FSO/IS Judy Davidson, fsois@uscgauxsopotlandme.com, for the correction to go on your records. Refer to the flotilla directory for her USPS address.

CONFIDENTIALITY NOTICE—PRIVACY ACT OF 1974 —The disclosure of the personal information contained in this newsletter is subject to the provisions contained in the Privacy Act of 1974. The subject Act, with certain exceptions, prohibits the disclosure, distribution, dissemination, or copying of any material containing the home address, home telephone numbers, spouse's names, and social security numbers, except for official business. Violations may result in disciplinary action by the Coast Guard and/or civilian criminal sanctions.

Department of Homeland Security
United States Coast Guard Auxiliary
Casco Bay Flotilla 21 1NR
FSO-PB
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Arundel, ME 04046



OFFICIAL BUSINESS

FIRST CLASS

Find us on the web: <http://uscgauxsoportlandme.com>

USCG Auxiliary Casco Bay Flotilla 21 1NR

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SENATE RESOLUTION 109th CONGRESS, S. RES. 246

"Recently a Senate Resolution was issued that conveys profound gratitude and respect for the efforts of the U.S. Coast Guard as it serves the American public in the wake of Hurricane Katrina. Many statistics and testaments are mentioned throughout the text... but only one "Coast Guard."

And that Coast Guard is understood to be composed of valiant members from all aspects of its human resource spectrum...active duty, reserve, civilian, retiree, family member...and most notably its volunteer lifesavers, the Auxiliary.

Resolved, by the Senate, THAT it is the sense of the Senate that--

- (1) the United States Coast Guard should receive Congress's highest commendation for its tremendous and highly effective response to the events surrounding Hurricane Katrina;
- (2) the United States Congress should commit to providing the Coast Guard with the resources it needs to modernize and maintain its fleet of vessels and aircraft; and
- (3) the Administration should ensure that the Coast Guard receives sufficient funding to cover its unexpected operational and capital costs associated with Hurricane Katrina.

Thank you, Coast Guard Auxiliary, for your dedication and service to your country and humanity.



Sincerely, Captain Barry P. Smith, Chief Director of Auxiliary."

The United States Coast Guard Auxiliary is composed of uniformed, non-military volunteer civilians who assist the Coast Guard in all of its varied missions, except for military and direct law enforcement. These men and women can be found on the nation's waterways, in the air, in classrooms and